

**Collaboration:  
Moving through Change  
as a Team**

NMC ON Learning Day  
17 November 2022

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**Welcome**

Opening Remarks

Meredith Richmond NMC ON Regional Lead

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**Introductions**

Tabitha Stubbs, Champion (Director, Change Management, DM Office, VAC)

Christine Haggar, Co-Chair (Chief, CBSA)

Catarina Martins, Co-Chair (VSTM, VAC)

Elsbeth Schokking, Co-Chair (OLN-OPS)

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Agenda	
9:00 – 10:00	Icebreaker
10:00 – 10:15	Kiosk Introductions
10:15 – 10:25	Guided Stretching
10:25 – 10:45	Coffee Break (not provided)

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Agenda	
10:45 – 12:15	<b>Workshop</b> – Insights Discovery: Building a Culture of Connection
12:15 – 13:30	Lunch – Not provided
13:30 – 14:00	Networking with Kiosks
14:00 – 15:30	<b>Workshop</b> – Leading for Successful Change

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Agenda	
15:30 – 15:50	Coffee break (not provided) / guided stretching
15:50 – 16:15	<b>Making Connections</b> – Executive Director NMC
17:00 – 19:00	Mixer with FYN/FLO – Matt’s Burgerlab

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### Icebreaker

- At your table introduce yourself, where you work, what you do, and share 1 positive thing you learned during the pandemic
- Select a speaker who will report back the themes
- 5-7 min at table
- 10-15 min reporting

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### Kiosks

- Public Service Pride Network – Jason Bett
- Accessibility, Accommodation, and Adaptive Computer Technology (AAACT) Program - Jeffrey Stark, Holly Moreno, Jean-Marc Parisi, and Erik Burgfraaf
- Anti-Racism Ambassador Network – Ali Khan
- Building Diverse Leadership Pilot – Latricia Beeston and James Bailey
- Knowledge Centre for Indigenous Inclusion – Michèle Elliott

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### Kiosks

- Federal Youth Network - Joshua Frame, Jennifer MacDougall, Hayley Ellis
- Future Leaders of Ontario – Khadeja Elsibai
- Free Agents and GCFlex– Natahsa Coté-Khan
- Public Service Commission of Canada – Natalia Preiano
- Joint Learning Program – Teresa Morgan and Ryan Winger

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### Guided Stretching

Catarina Martins Registered Kinesiologist and Clinical Exercise Physiologist

1. Sit or stand, depending on your comfort level and mobility needs (Catarina will describe and demonstrate both)
2. Stretch according to your own body limits

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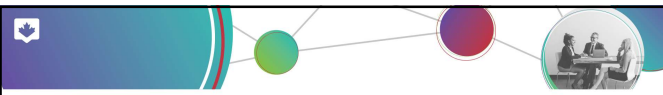
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### Coffee and Bio Break 20 min

1. Starbucks 300 Front St. W
2. Second Cup 255 Front St. W
3. Mofer Coffee 224 Wellington St. W.

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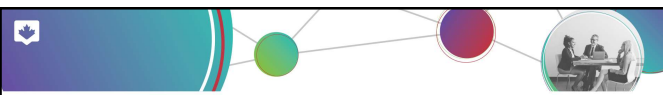
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### Insights Discovery: Building a Culture of Connection

Jennifer MacDougall  
Senior Manager of Events and Partnerships  
Federal Youth Network

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**Lunch 1 hr 15 min**

1. Top Nosh Kitchen 325 Front St. W
2. Anoush Middle Eastern Cuisine 330 Front St. W
3. Boston Pizza 250 Front St. W
4. South St. Burger 20 John St.
5. Bourbon St. Grill 200 Front St. W
6. Scaddabush 200 Front St. W




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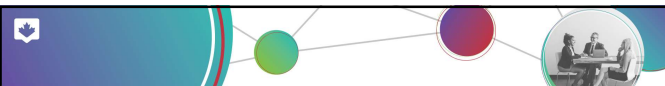
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**Networking time with Kiosks, presenters, and participants**

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**Leading for Successful Change**

Margaret Cruz  
 Director and Executive Coach  
 Public Service and Procurement Canada




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**Coffee and Bio Break 20 min**

Guided stretching is also available

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**Making Connections**

Isabelle Racine  
Executive Director  
National Managers' Community

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**The NMC Strategic Agenda**

**To sustain and enhance managers' capacity to drive public service renewal**

Supporting managers to:

 <b>Build a diversified and inclusive public service</b> <small>Supporting Black and racialized employees, Indigenous Peoples, employees with disabilities, religious minorities, and others who continue to face barriers in the workplace.</small>	 <b>Thrive in the post-pandemic workplace</b> <small>Being mobilized and agile with a focus on wellbeing. Being ready to support their team(s) during the transition.</small>	 <b>Promote innovation and optimize performance</b> <small>Fostering and growing talent; demonstrating a continuous learning and development mindset.</small>
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**Helping to shape the future of Canada's public service.  
One that will continue to be more agile, diverse, accessible, and inclusive.**

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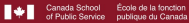



**NMC's Mission**

Supporting managers as they work towards achieving excellence in the public service

**Acting as a 2-way communication enabler:** bringing together senior leaders and manager's and aspiring manager's together today to learn and share

**Collaborating and connecting:** providing a space for manager's to meet their colleagues and departments supports and resources

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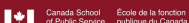



**NMC's Mission**

Supporting managers as they work towards achieving excellence in the public service

**Undertaking outreach and promoting engagement:** sharing best practices and exchanging information

**Supporting Renewal:** highlighting the work of the NMC and encourage ongoing collaboration and engagement

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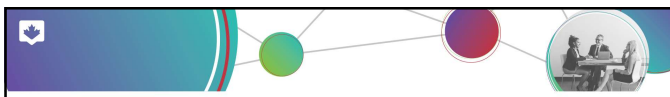
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**What are you taking away with you?**

1. One word to describe how you are feeling about today's learning?
2. One new action that you are going to take at work now?
3. One thing you still want to learn?

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**Thank you for joining us today!!!**

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**Mixer with FYN and FLO**  
**5:00-7:00**

Matt's Burgerlab  
254 Adelaide St. W

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